

Speakers:

Kristina Box, MD, FACOG - State Health Commissioner

Dr. Kristina Box was named Indiana State Health Commissioner by Governor Eric J. Holcomb on September 18, 2017. She brings to the role a passion for improving the health of Hoosiers, beginning before birth.

Dr. Box has been a practicing obstetrician and gynecologist in Indianapolis for 30 years, starting her career at Community Hospitals of Indianapolis in 1987 as a private practitioner with Clearvista Women's Care. Since 2015, she has served as the Physician Lead for Community Health Network's Women's Service Line. In this role, she built the first multi-disciplinary women's center in the Community Health Network, developed critical partnerships with area children's hospitals to improve care and decrease health care costs, and led efforts to ensure that low-income women receive the important free health screenings they need.

She has served on the Indiana Perinatal Quality Improvement Collaborative (IPQIC), an advisory council to the Indiana State Department of Health that is comprised of more than 300 statewide community professionals working to reduce infant mortality. Her work with IPQIC includes serving on a state task force to address neonatal abstinence syndrome (NAS), which established standards for the diagnosis of NAS and developed a hospital study to determine the prevalence of drug exposed newborns.

Dr. Box earned her undergraduate degree at Indiana University in Bloomington and her medical doctorate at Indiana University School of Medicine in Indianapolis. She is a member of several professional organizations, including the Indiana State Medical Association and the Marion County Medical Association, and serves on many hospital committees.

Jim Capraro - Jim Capraro brings 40 years of community organizing and development experience to his work. In the early 1970's he worked as a community organizer pursuing the passage of the Home Mortgage Disclosure Act (HMDA,) and the Community Reinvestment Act (CRA.)

Principal - Capraro Consulting: Neighborhoods, governments, and philanthropies have engaged Jim. The subject matter has been wide and varied, ranging from "comprehensive" community development, strategic planning, community organizing, collaboration/partnership, & non-profit management. Currently, Jim has been deployed by National LISC and several local LISC sites to assist in the roll out of its signature "Sustainable Communities" comprehensive community development approach.

Former Senior Fellow: Institute for Comprehensive Community Development (2010 – 2012): On May 17, 2010 Jim Capraro received an appointment as "Senior Fellow" of The Institute for Comprehensive Community Development. The following is an excerpt from the letter of appointment:

"The task of the Senior Fellow is to provide advice and counsel to the staff and Board of the Institute with respect to the Institute's programs; to participate in those programs as a leader and mentor; and to interact directly with practitioners in the field who are served by the Institute's programs. You have been appointed to this position based on your long and successful career in community development, as well as the recognized leadership you bring to the field."

Former CEO - Greater Southwest Development Corporation (1976 – 2010): Jim Capraro assumed his position as the founding Executive Director of the Greater Southwest Development Corp. (GSDC) in January of 1976, and retired as its Chief Executive Officer on July 2, 2010. During his 35 year tenure, GSDC has been designated by the National Neighborhood Reinvestment Corporation as a national "model" for commercial revitalization, selected by the Chicago Local Initiatives Support Corporation (LISC) as the recipient of the "Outstanding Community Development Organization" award & also selected by Bank of America as a winner of the prestigious Neighborhood Excellence - Community Builder Award.www.greatersouthwest.org

GSDC has achieved over \$500 million in community development projects and created or retained over 6,000 jobs in its Southwest Chicago neighborhood, over the past 30 years. GSDC's development projects range from small business to the creation of elderly housing, the siting major retailers, and the \$300 million expansion of the worlds largest bakery, Nabisco.

Recognition:

- Chicago LISC "Friend of the Neighborhoods" award, for lifetime achievement
- One of the 25 national community leaders to receive the special National LISC 25th anniversary "Mike Sviridoff Leadership Award."
- Fannie Mae Foundation "James A. Johnson Fellow."
- Chicago Magazine "Chicagoan of the Year." Also selected along side of Jim were Oprah Winfrey, former Chicago Bear Linebacker Chris Zorich, and rock star Liz Phair

Ingrid Cockhren, M Ed - Mrs. Cockhren graduated from Tennessee State University with a B.S. in Psychology and from Vanderbilt University's Peabody College with a M.Ed. in Child Studies specializing in early interventions for children from minority and low-income families. Her research areas are African American parenting styles, Adverse Childhood Experiences, historical trauma and intergenerational transmission, brain development, developmental psychology and epigenetics. She is currently an adjunct professor specializing in developmental psychology at Tennessee State University and the Midwest Regional Community Facilitator for ACEs Connection. She is also a member of Leadership with ACE Nashville, a collective impact in Nashville, TN dedicated to the mitigation of ACEs in the Greater Nashville area. Mrs. Cockhren is currently Chair of ACE Nashville's Parent & Community Education Committee and serves as an advisor on both Vanderbilt Institute for Clinical and Translational Research's Community Engaged Research Core Advisory Council and the Lloyd. C. Elam Mental Health Center's Advisory Board. Ingrid's experience and affiliations also include Metro Nashville's Public Schools, Tennessee's Dept. of Children's Services, Tennessee's Office of Child Safety, Vanderbilt University's Peabody Research Institute & Special Education Dept. and Youth Villages, Inc.

Carol Dahlen - Carol Dahlen is the Clinical Mental Health Counselor and Behavioral Consultant for the Merrillville High School. Ms. Dahlen has been an independent educator consultant for over 20 years offering a variety of trainings. Ms. Dahlen holds certifications in Clinical/Educational Trauma, Social & Emotional Learning, Restorative Practices (discipline through non-punitive measures), and The Virtues Project™ (character development). She is a member of several committees within the school district, and has volunteered for several organizations and mentoring initiatives over the years. She served nine years as a Guardian Ad Litem for Minnesota Juvenile Court. In addition, Ms. Dahlen oversees the Merrillville In-School Suspension Program and assists with the school district's diversity and inclusion

educational workshops. Ms. Dahlen also assists with Merrillville's Alternative Program, in the role of Behavioral Consultant and Therapeutic Counselor. Ms. Dahlen currently is a doctoral candidate in psychology at California Southern University.

Kevin Davenport - Kevin Davenport is NCRC's Senior Advisor for Coalitions and Campaigns. Born and raised in Chicago, IL, Kevin graduated Cum Laude from Fisk University with a B.A. in Political Science. He went on to receive his Masters in Theological Studies from Vanderbilt University in Nashville, TN. Kevin has over 15 years of civic engagement experience. He has worked on campaigns to increase the Illinois minimum wage, directed field campaigns for GOTV, organized a coalition of 250 faith-based institutions that engaged in Affordable Care Act enrollment and recruited and trained community leaders for advocacy work at the state and local level. He specializes in political organizing, coalition building and public advocacy. Kevin's passion for social and economic justice is firmly rooted in his personal faith. As an ordained minister, Kevin seeks to live out his life's calling by removing the systemic barriers that create cycles of poverty and disenfranchisement for underserved communities.

Ellis Dumas III - Since graduating from Indiana University Bloomington (IUB) in 2008 with a dual degree in Criminal Justice, Political Science & African Diaspora Studies, Ellis G. Dumas III found himself passionately pursuing a career in civil service. Immediately after graduation, Ellis worked for IUB's financial assistance office as a supervisor. In 2009, shortly after leaving Bloomington, Ellis began his career with the State of Indiana-Department of Child Services. His new journey started as a Family Case Manager where Ellis was responsible for investigating reports of child abuse and neglect. This position also left him with the difficult but life changing decision as to the removal of children when abuse and neglect has occurred.

This was just the beginning, Ellis' hard work lead to a promotion of Supervisor in the Assessment Division for Lake County; supervising the Fatality Unit. During his tenure, Ellis received his MBA in Executive Management from Indiana Wesleyan University in December 2012. He was promoted in January of 2014 and served as the Deputy Director of Lake County DCS office. He continued to go forth in the communities educating teachers, nurses, and even doctors on when and how to recognize child abuse and neglect. His pride and love for his community was noticed and Ellis was promoted to the Regional Manager of Lake County Region 1 DSC office in 2016.

He currently serves on several committees and is currently a member of the Lake County Domestic Violence Task Force, The Sexual Assault Task Force, Community Partners Board and is a very active board member of the Geminus Real Father's Initiative, just to name a few. Ellis currently serves on the State Child Fatality Review Team for the State of Indiana. With our system ever so changing, Ellis has completed several programs to enhance his knowledge in the field; such as the Leadership Academy for Supervisors, Child Welfare Management Innovations Institute, and number of others. Ellis has been recognized for his achievements, which began in 2008, when he was awarded the MLK Building Bridges Award and won Greek Male of the Year. In 2012, under the governorship of Mitch Daniels, Ellis received a Certificate of Commendation for his work within the state. Ellis was also named as a recipient in The Times "Top 20 under 40" in 2014.

Jennifer Jones - Director, Change in Mind Institute, Alliance for Strong Families and Communities

Jennifer Jones currently serves as the Director of the Change in Mind (CiM) Institute at the Alliance for Strong Families and Communities. The Change in Mind Institute seeks to increase a common

understanding of the core story of brain development and integrate this knowledge into the social and public sectors. Through continuous innovation and alignment of practice and policy with knowledge, research and evidence on how the brain develops, the Change in Mind Institute aims to enhance the skills and capacities we all need to be healthy, happy and contributing citizens. For the past three years, Jennifer led the Change in Mind Initiative, a two-country peer learning laboratory of 15 sites. The Initiative, a partnership between the Alliance, the Palix Foundation in Alberta, Canada and the Robert Wood Johnson Foundation demonstrated the value and critical need for innovation in shifting organizational paradigms, practices and policies to align with the latest advances in neurosciences, and identified the longer-term opportunities and challenges of doing so at the systems level. Prior to her positions with the Alliance, Jennifer served as the Associate Director of the Wisconsin Children's Trust Fund (CTF) and led the agency's efforts on Adverse Childhood Experiences and Positive Community Norms. Jennifer was also responsible for CTF's strategic planning, public policy, and communications efforts. For her last two years at the agency, Jennifer served as Interim Executive Director, at the Board's request, and coordinated all activities related to the Governor-appointed Child Abuse and Neglect Prevention Board. Preceding her positions with the Children's Trust Fund, Jennifer served as the communications specialist in the Secretary's Office at the Wisconsin Department of Children and Families and as a child welfare policy advisor in the Wisconsin Division of Children and Family Services. Jennifer also served as Director of Marketing with the Alliance for Children and Families, the Grants Manager with the Massachusetts Bar Foundation, and the Executive Director of the National Student Campaign Against Hunger and Homelessness. Jennifer received her bachelor's in social work from Marquette University and her master's in social work from the University of Wisconsin-Madison.

Haneefah Khaaliq, Esq - Haneefah Khaaliq moved to Northwest Indiana from Chicago, Illinois. In 2001, she graduated from Lake Central High School in St. John, IN. She went on to study education at Indiana University and proceeded to teach in Gary, Indianapolis, and East Chicago schools, where she earned high recognition and distinction in teaching. She has taught both domestically and abroad. Her highest achievement in education was being awarded Teacher of the Year. Inspired by the life of Constance Baker Motley, and with a passion for the law, she went on to pursue a law degree at Valparaiso University School of Law with a special interest in civil rights. Now, she acts as the Executive Director for the City of Gary's Human Relations Commission, the local civil rights agency. Additionally, she is the CEO and Founder for Midwest Center for Social Services, LLC, a charitable LLC that ensures affordable legal aid and mental health therapy to indigent individuals and small companies throughout the nation. Always grateful for the path of education and the rewards it often brings, she is currently a faculty member at Indiana University Northwest. She is a U.S. senate candidate for Indiana in 2022.

William Kubal - William Kubal is a Principal with Usona Development LLC and has twenty years of professional experience in housing and community development programs, including the Community Development Block Grant, HOME Investment Partnerships Program, and Emergency Solutions Program. He is one of the nation's leading experts on HUD's planning and reporting requirements. Mr. Kubal has been involved with community development work in northwest Indiana since 2007 and assisted with the development of the Lake County Community Benefits Plan.

Claude Ann Poupolos - Claude Ann Poupolos is a Licensed Clinical Social Worker with a passion to strengthen and encourage men, women, and children to live abundant lives through self-awareness. Claude Ann was born in Flint, Michigan and reared in Gary, IN.

She received a BA degree in Human Services from Metropolitan State University in Minneapolis, Minnesota and a Master of Social Work from Indiana University NW. She is a Licensed Addictions Counselor and a Behavioral Health Consultant at Community HealthNet Health Center in Gary, Indiana. She has worked in social services for over 25 years in various institutions and agencies in Minnesota and Northwest Indiana. She has worked with adolescence and their families in residential facilities, foster care, and in Community Mental Health. Ms Poupolos has experienced first hand the devastation that trauma can have on individuals and ultimately to communities.

Bushra Rehman - Bushra has approximately 20 years of management experience within the non-profit, academic, and for-profit sectors. She holds a master's in public administration from the University of Michigan, Rackham School of Education and a bachelor's of arts from Adrian College.

Currently employed at Legacy Foundation in Merrillville, Indiana, Bushra is leading the establishment of the new South Shore Neighborhood Development Corporation. Under her leadership, the SSNDC will focus on areas of need in the Northwest Indiana region. Bushra also has managed multi-million dollar federal programs and start-up non-profit research oriented associations.

Bushra's expertise is in leadership, financial management, project and portfolio management, grant program management, strategic programming, compliance, and efficient operations management.

Dr. Janet Seabrook - A graduate of Gary Roosevelt High School, Seabrook earned her Bachelor of Science Degree in Biology from Tuskegee University in 1987 and a degree in Medicine from Meharry Medical College in 1994. She completed her residency at Methodist Hospital in Gary, Indiana and is a Family Medicine Physician. Aspirations and a strong commitment to build on her career in medical administration, grant writing and lobbying led her to earn an MBA from Purdue University Calumet in 2005.

In 1996, the U.S. Public Health Service named Gary, Indiana as "the neediest U.S. city without a community health." While still a resident, Dr. Seabrook served on the Mayor of Gary's task force and with the Indiana State Department of Health to obtain funding to start a health center in Gary.

Thanks to her tireless efforts, Seabrook founded Community HealthNet in 1996. Over the past two decades, the organization has grown from a small trailer in the Glen Park section of Gary to five separate locations in Gary, Merrillville, Hammond and Calumet Township. Under her leadership, this not-for-profit, community-based primary healthcare organization upholds the mission of providing accessible, affordable and quality medical services to families and individuals of all income levels.

As CEO of Community HealthNet, Seabrook has been afforded many professional opportunities including the oversight of five locations in Lake County, IN, appointment to the local health department board. She has provided testimony in the Indiana General Assembly on community medical issues and presentations to local school corporations on the need for school-based health services. She has also been a speaker at many events throughout Northwest Indiana providing inspirational and motivational health information for all ages and serves as an influential advocate for state funding in support of community health centers in Northwest Indiana.

Robin Sizemore - Robin is currently in her 17th year as a public school teacher. She started a nonprofit in 2016, Superhero Training and Supply, Inc. to help students and adults in and out of the school setting with tools to help with depression, anxiety, anger, and stress. She earned a BS in Business from the

Kelley School/Indiana University, Elementary teaching certification, a reading endorsement from Purdue Northwest, and an endorsement in Applied Educational Neuroscience from Butler.

Cynthia Smith-Faught - Cynthia Smith-Faught is a certified yoga instructor through Radiant Health Yoga in the Pacific Northwest, where she spent 10 years in deep study of many forms of yoga and meditation. She also studied over the course of 6 years with Zen Buddhist Monks and Benedictine Sisters learning meditative silence and prayer. She has been teaching yoga and meditation, leading retreats and workshops around Northwest Indiana for the past 12 years. She also teaches at Indiana University Northwest.

Elaine Spicer- Elaine Spicer is a Licensed Clinical Social Worker. She has worked in Social Service for over 35 years. Her work has been with families and children and mostly in the area of Child Welfare. She was a Social Worker for Special Education middle and high school students in the inner city of Gary, Indiana for 10 years. She is currently in private practice and has been a Provider for the Department of Child Services, Indiana. Much of her work in recent years has been in helping parents, teachers, service providers, and the courts understand the issues that children present with at schools, community centers, church programs, etc. and how these issues effect school performance and behavior. Additionally, she works to increase understanding of toxic stress in both children and adults and its effects on not only learning and behavior but on physical health.

Ms. Spicer brings a passion for helping people understand the nature of stress and its effects on families. As an adoptive parent and a social worker she brings a particular perspective of empathy for the whole family unit.

Rev. Charles Strietelmeier, DMin - Rev. Charles Strietelmeier was born in Valparaiso, Indiana. He received a BA from Valparaiso University, MDiv from the Lutheran School of Theology at Chicago, DMin from the Lutheran Theological Seminary at Philadelphia, and is currently studying spiritual direction at Loyola University Chicago. He is a Lutheran parish pastor who has served congregations in Illinois and Florida, and is now pastor of Augustana Lutheran Church of Hobart, Indiana. He is a published poet and lives in Hobart with his dachshund Longfellow.

John Everett Till - Senior Vice President of Strategy and Innovation, The Family Partnership, has overall responsibility for two-generation (2Gen) and brain science-informed program and policy strategies at The Family Partnership. John holds an M.S. in biological sciences; his research was on the neuroscience of sensory and cognitive development in children. John has worked at The Family Partnership for 20 years and has led successive cycles of program innovation to better serve families and communities. John lives in an LGBTQ Filipino-American immigrant household in Minneapolis, Minnesota, but has fond memories of Indiana. He led a homelessness prevention program for a year at Bauer Family Resources in Lafayette, Indiana, while his partner completed a Ph.D. at Purdue.

Luke Waldo - Well-being Manager, Children's Hospital of Wisconsin and Associate Director, Institute for Child and Family Well-Being, has dedicated his career to child well-being in Europe, South America and his native Milwaukee where he has worked with children adversely impacted by immigration, homelessness, family violence, and abuse and neglect. He has nearly two decades of experience in the non-profit sector working in the fields of domestic violence, childhood trauma and well-being, homelessness, and education and prevention, with a focus on engagement and innovative solutions to personal and community challenges. Luke has trained hundreds of child well-being professionals in the

areas of domestic violence, toxic stress, adverse childhood experiences, and childhood resilience. Prior to joining ICFW's leadership team, Luke led the Family Support Program, which serves families involved with the child welfare system by providing strengths- and evidence-based interventions. Luke earned his Master of Science in cultural foundations of education from the University of Wisconsin-Milwaukee in 2015. He holds a Bachelor of Arts degree in psychology and Spanish from the University of Wisconsin-Eau Claire.

Jennifer Walthall, MD, MPH – Secretary, Family and Social Services Administration

Jennifer Walthall, M.D., M.P.H. was appointed as Secretary of the Family and Social Services Administration by Governor Eric J. Holcomb effective January 9, 2017. Prior to this appointment, she served as the Deputy State Health Commissioner and Director for Health Outcomes at the Indiana State Department of Health. Dr. Walthall is currently a Professor of Emergency Medicine and Pediatrics at Indiana University School of Medicine. She served as the Division Chief for Pediatric Emergency Medicine and was the Program Director for the Emergency Medicine and Pediatrics Residency from 2007-2015.

Dr. Walthall works clinically in the Riley Hospital for Children Emergency Department. She earned her undergraduate degree from the University of Houston Honors College and her Master in Public Health at the Richard Fairbanks School of Public Health at Indiana University. She earned her Medical Doctorate at Indiana University School of Medicine and is board certified in Emergency Medicine and Pediatrics.

Dr. Walthall is dedicated to building effective and efficient delivery of health care and social services to Hoosiers. She takes a public health and wellness approach to policy decisions and is committed to strategic alignment across government and the private sector to improve health outcomes.

Jennifer Wittrup - BA Psychology, MA Elementary Education, Applied Educational Neuroscience Certification

Jennifer teaches using neuroscience as a foundation for building social, emotional learning skills. She uses knowledge of ACES to create a trauma responsive environment where in students can thrive.

Jennifer also presents Applied Educational Neuroscience to a variety of educators and social service providers across the country.