

**One in four people age 65
or older has a fall each year.**



Don't be one of them!

**September
is Falls Awareness &
Prevention Month!**

Did you know that falls are NOT a normal part of aging?

In many situations, falls can be avoided!

Come and learn how you can avoid costly & serious injury.



is teaming up with Jasper County Community Services to:

**STAND TALL
AGAINST FALLS!**

Thursday, Sept. 19, 2019

Noon -12:45

Fase Senior Center

11978 N. 600 W.,

DeMotte, Indiana