

Living a Healthy Life *with diabetes



Sessions meet once weekly for six weeks & registration is required. Call (219) 794-1829 x2203 for info and to register!

I felt like my diabetes kept telling me what I could and couldn't do. What I learned in the "Living a Healthy Life with Diabetes" workshop helped put me back in charge!

CALL NOW FOR THE FREE LIVING HEALTHY WITH DIABETES WORKSHOP NEAR YOU!

Al Thomas Senior Apartments

100 West 11th Ave., Gary, IN

Tuesdays, at 11:00am- 1:30pm

September 17th through October 22nd

